2010 State Profile — Puerto Rico National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Puerto Rico, 157 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 20,070 clients in substance abuse treatment on March 31, 2010. The survey response rate in Puerto Rico was 94.5%.

Facility Operation

			Clients in	<u>Treatmen</u>	t on March 31	, 2010
	Facilities		All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	120	76.4	4,548	22.7	915	54.0
Private for-profit	11	7.0	1,609	8.0	360	21.2
Local, county, or community government	1	0.6	54	0.3	0	0.0
State government	24	15.3	13,859	69.1	420	24.8
Federal government	1	0.6	0	0.0	0	0.0
Dept. of Veterans Affairs	1	0.6	0	0.0	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	157	100.0	20,070	100.0	1,695	100.0

Primary Focus of Facility

			Clients in	<u>Treatmen</u>	t on March 31	, 2010
_	Facilitie	es	All Clie	nts	Clients Unde	r Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	126	80.3	16,343	81.4	1,020	60.2
Mental health services	3	1.9	34	0.2	2	0.1
Mix of mental health & substance abuse						
treatment services	26	16.6	3,574	17.8	673	39.7
General health care	2	1.3	119	0.6	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	157	100.0	20,070	100.0	1,695	100.0

Substance Abuse Problem Treated

			Clients in T	reatmen	nt on March 31, 2010
	Facilities ^{1, 2, 3}		Clients ³ Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	123	79.9	3,525	17.6	
Clients with drug abuse only	120	77.9	15,524	77.6	n/a
Clients with alcohol abuse only	80	51.9	967	4.8	
Total ²	154		20,016	100.0	

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asked or did not respond to this question:

³ Sum of individual items may not agree with the total due to rounding.

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not

Type of Care			Cli	onto in Tra	atment on M	larch 31, 2010	
	Facilitie	Facilities ¹ All Clients		eaument on W	Clients Under Ag	ne 18	
_	Tuomic	3	^	iii Oileillo	Median No. of Clients Per	Olicina Olider Ag	<u>je 10</u>
	No.	%	No.	%	Facility	No.	Ç
Outpatient	38	24.2	15,039	74.9	140	794	46.
Regular	32	20.4	4,666	23.2	75		
Intensive	25	15.9	679	3.4	23		
Day treatment/partial hospitalization	23	14.6	811	4.0	10		
Detoxification	15	9.6	270	1.3	43		
Methadone/buprenorphine	9	5.7	8,613	42.9	1490		
Residential (non-hospital)	124	79.0	4,630	23.1	23	901	53.
Short term	26	16.6	223	1.1	10		
Long term	119	75.8	3,192	15.9	19		
Detoxification	39	24.8	1,215	6.1	15		
Hospital Inpatient	11	7.0	401	2.0	17	0	0.
Treatment	8	5.1	210	1.0	22		
Detoxification	10	6.4	191	1.0	10		
Total	157		20.070	100.0	26	1,695	100.
Opioid Treatment Programs (OTPs)	No.	% ¹	Facility Lice Accreditation	•	pproval, Ce	rtification, or	
Facilities with OTPs	8	0.7			_	Facilities ¹	
						No.	
Clients in Facilities with OTPs	10.111	400.0	Any listed age			156	99.
Methadone	10,144	100.0	State substan			152	96
Buprenorphine	0	0.0	State mental			131	83.
Total	10,144	100.0	State departm			135	86.
¹ Percentage of all OTP facilities that are in this State of	or jurisdiction.		Hospital licen	-	rity	17	10.
			The Joint Cor	nmision		48	30.
Facility Payment Options			CARF ²			23	14.
_	Facilitie		NCQA ³			13	8.
	No.	%	COA⁴			12	7.
Cash or self-payment	54	34.4	Other State/L	ocal Agend	cy/Org	21	13.
Private health insurance	21	13.4					
Medicare	7	4.5	•			agency/organization.	
Medicaid	8	5.1			n of Rehabilitatio	n Facilities	
Other State-financed health insurance	16	10.2	³ National Comm		lity Assurance		
Federal military insurance	7	4.5	⁴ Council on Acc	reditation			
Access to Recovery (ATR) vouchers ²	N/A	N/A	Facility Fun	ndina			
No payment accepted	91	58.0		5	_	Facilities	
Accepts other payments	4	2.5				No.	
Sliding fee scale	22	14.0	Receives Fe				
Treatment at no charge for clients who	445	00.4	or local gove				
cannot pay	145	92.4	substance a	buse treatr	nent	407	•
			programs			127	80.
¹ Facilities may accept more than one type of paymen	t.						
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, W							

	Facilitie	s
Types of Services Offered	No.	9
Assessment and Pre-Treatment Services	155	98.
Screening for substance abuse	151	96.2
Screening for mental health disorders	70	44.0
Comprehensive substance abuse assessment/diagnosis	126	80.3
Comprehensive mental health assessment/diagnosis	75	47.8
Outreach to persons in the community who may need treatment	106	67.
Interim services for clients when immediate admission is not possible	35	22.3
Testing	153	97.
Breathalyzer/blood alcohol testing	30	19.
Drug or alcohol urine screening	152	96.8
Screening for Hepatitis B	30	19.
Screening for Hepatitis C	29	18.
HIV testing	46	29.3
STD testing	33	21.0
TB screening	50	31.8
Counseling	149	94.9
Individual counseling	148	94.3
Group counseling	148	94.3
Family counseling	137	87.3
Marital/couples counseling	128	81.
Transitional Services	141	89.8
Discharge planning	131	83.4
Aftercare/continuing care	101	64.3
Pharmocotherapies	37	23.0
Antabuse®	5	3.2
Naltrexone	6	3.8
Campral®	6	3.8
Nicotine replacement	5	3.2
Smoking cessation medications (non-nicotine)	7	4.
Medications for psychiatric disorders	22	14.0
Methadone	13	8.3
Buprenorphine	9	5.
Subutex®	9	5.
Suboxone®	8	5.
Ancillary Services	155	98.
Case management services	126	80.3
Social skills development	135	86.0
Mentoring/peer support	101	64.3
Child care for clients' children	12	7.0
Assistance with obtaining social services	124	79.0
Employment counseling or training for clients	89	56.
Assistance in locating housing for clients	95	60.
Domestic violencefamily or partner violence	52	33.
Early intervention for HIV	88	56.
HIV or AIDS education, counseling, or support	109	69.4
Hepatitis education, counseling, or support	49	31.
Health education other than HIV/AIDS or hepatitis	108	68.
Substance abuse education	152	96.
Transportation assistance to treatment	111	70.
Mental health services	79	50.3
Acupuncture	16	10.:
Residential beds for clients' children	7	4.
Self-help groups Smoking cessation program	35 19	22.: 12.:
Officially cosselion program		
Clinical/Therapautic Appreciated Lload Always or Office or Corrections	Facilitie	
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	03
Substance abuse counseling	146	93.
Relapse prevention	133	84.
Cognitive-behavioral therapy	123	78.
12-step facilitation	68	43.
Motivational interviewing	131	83.4
Anger management	127	80.9

	Facilitie	es
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%
Brief intervention	136	86.6
Contingency management/motivational incentives	116	73.9
Trauma-related counseling	88	56.1
Rational emotive behavioral therapy	87	55.4
Matrix model	56	35.7
Community reinforcement plus vouchers	73	46.5
Other treatment approaches	21	13.4

Facility	Canacity	and I	Jtilization	Pato ¹
racility	Cabacity	and t	Julization	Rate

		Hospital
	Residential	Inpatient
Number of facilities	120	6
Number of clients ²	4,555	227
Number of designated beds	4,215	285
Utilization rate (%)	108.1	79.6
No. of designated beds/facility (avg.)	35	48

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

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Services in Sign Language for the Hearing Impaired and in Languages Other than English

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	No.	%
Hearing impaired/sign language	17	10.8
Any language other than English	150	95.5
Services Provided by:		
On-call interpreter	0	0.0
Staff counselor	131	87.3
Both staff counselor and on-call		
interpreter	19	12.7
Languages Provided by Staff Counselor:	1	
Spanish	150	100.0
American Indian/Alaska Native	0	0.0
Other	2	1.3

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: http://www.samhsa.gov/data/

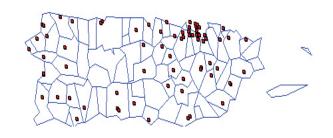
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration

Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

Programs for Special Groups

	Facilitie	es
	No.	%
Any program or group	118	75.2
Co-occurring disorders	41	26.1
Adult women	29	18.5
Adolescents	21	13.4
DUI/DWI offenders	14	8.9
Criminal justice clients	32	20.4
Adult men	68	43.3
Pregnant or postpartum women	19	12.1
Persons with HIV or AIDS	36	22.9
Seniors or older adults	29	18.5
Lesbian, gay, bisexual, or		
transgender clients	17	10.8
Other groups	24	15.3

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

http://findtreatment.samhsa.gov/